



Vista del Monte Fitness & Aquatic Center

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Vista del Monte FITNESS AND AQUATIC CENTER

VOLUNTEER APPLICATION

Application Date _____ Volunteer Start Date _____

Email _____ Form Received by _____

First & Last Name _____ Age _____

Address _____ Phone _____

City _____ State _____ Zip _____

Thank you for your interest in volunteering your time with us. If our volunteer positions are filled, new applicants will be placed on a volunteer wait list. Each volunteer that works a 3-hour shift each week will be offered a free membership.

Please check the service area(s) for which you are interested:

- Reception Desk (light clerical duties, telephone & computer work)
- Strength & Conditioning Room (training assistant)
- Lifeguard (certified in CPR, first-aid and shallow water lifeguard)
- Aquatic Instructor
- Corner Store (sales clerk, light clerical duties)

Please circle days when you are available: Mon Tue Wed Thu Fri Sat Sun

Reception Desk & Strength/Conditioning:

Indicate your 1st, 2nd, 3rd choices from the available shifts listed below.

- 7:00 am to 9:00 am _____
- 9:00 am to 12:00 pm _____
- 12:00 pm to 3:00 pm _____
- 3:00 pm to 4:30 pm M/W _____
- 3:00 pm to 5:00 pm T/Th _____
- 9:00 pm to 11:30 am Sat _____
- 1:00 pm to 4:00 pm Sun _____

Lifeguard and Water Instructors:

Indicate your available day(s) and time(s):

- 7:00 am to 9:00 am M-F _____
- 9:00 am to 11:30 am Sat _____
- 1:00 pm to 4:00 pm Sun _____

Corner Store:

10:00 am to 1:00 pm M-F _____

For times other than above, please ask.

Criminal Record Statement: State law requires that persons associated with licensed facilities disclose any conviction. A conviction is any plea of guilty or nolo contendere (no contest) or a verdict of guilty.

Have you ever been convicted of a crime in California? _____ Yes _____ No

Have you ever been convicted of a crime from another state, federal court, military or jurisdiction outside of U.S.? _____ Yes _____ No